

Left-hand pocket includes:

- Presentation handout
- *Brief Focused Advice Counseling Steps/Tips for Encouraging Behavior Change* handout
- *Brief Focused Advice* role playing skit
- *Little changes. Big rewards.* posters
- *Training Evaluation*

Right-hand pocket includes:

- *Physical Activities That Correspond with Developmental Stages*
- *Be Active Ages 0-5* handout
- *Be Active Ages 6-20* handout
- *Rx: Be Active* form

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